Sophia R. Becker

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OBJECTIVE

Seeking **Family & Child Counselor** position at **New Dimensions Counseling Center**

EDUCATION

B.A., Psychology with Spanish Minor Expected May 2022

Linfield University, McMinnville, OR

- •Hampton Honors Scholar
- •Mexico Study Abroad Program; Interacted with native residents using fluent Spanish; studied people and culture while living with Mexican host family; conducted informational interview with Marriage & Family Therapist

COUNSELING RELATED EXPERIENCE

Counseling Intern August 2020-Present

Step-up Counseling Services, Dundee, OR

- •Render counseling services to 10+ participants including individual and/or group consultation
- •Administer, interpret, and evaluate the results of assessment tests like the MBTI
- •Counsel individual participants on methods to achieve program prescribed objectives; worked one-on-one to develop and go over SMART goals
- •Compile and keep accurate records regarding client interaction using MS Office Suite

Assistant September 2019-June 2020

Psychology Department, McMinnville, OR

- •Efficiently handled research requests from faculty such as inputting and analyzing data into MS Excel
- •Interacted with supervisor and faculty in a professional manner to coordinate meetings for 7 attendees
- •Processed confidential information such as social security numbers, household income and birthdates
- •Reviewed required forms to ensure accuracy

ACTIVITIES & COMMUNITY INVOLVEMENT

After School Club Volunteer August 2019-Present

Metro Boys & Girls Club, Salem, OR

- •Mentor at risk youth in decision-making skills including personal accountability and socialization
- •Connect with parents and sibling to increase accountability for program participant at home
- •Document progress interactions through weekly reports to supervisor

Secretary/Board Member August 2020-Present

LUPSA (Linfield University Psychology Student Association), McMinnville, OR

- •Coordinated design and implementation of publicity for campus-wide events
- •Organized weekly meetings for membership of 40 and took accurate minutes
- •Set-up and managed organizational budget of more than $3,000