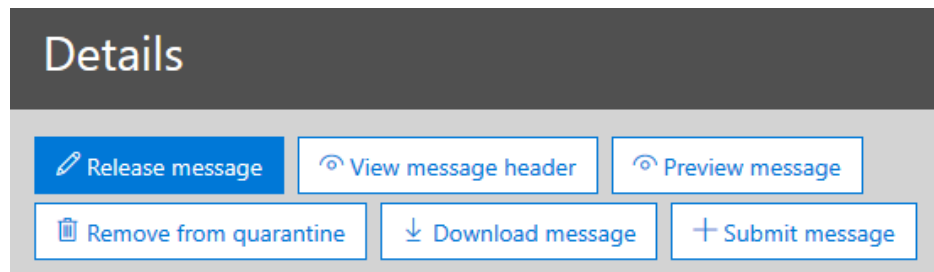


# Check your Spam Filter for Quarantined Emails!

1. In a browser, go to <https://protection.office.com/quarantine> and sign in with your full email address and current Catnet password.
2. Find the entry you are looking for, and then click the check box to the left. This brings up other options:



- "Release message" will deliver it to one or more recipients. You choose.
  - "Remove from quarantine" will not deliver the message.
3. Select the appropriate option, and follow any subsequent prompts.