



<b>Linfield University Temporary Health Practices &amp; Self Health Monitoring Process</b>		<i>Department:</i> <b>Student Health, Wellness &amp; Counseling</b>	
		<b>Human Resources</b>	
		<i>APP No.</i>	
<i>Division Vice President:</i> <b>Student Affairs</b> <b>Finance &amp; Administration</b>	<i>Revised Date:</i> <b>7/17/20</b>	<i>Effective</i> 6/15/20	<b>Page 1 of 3</b>
<i>Subject:</i> In alignment with public health recommendations, Linfield is taking measures to prevent community spread of COVID-19, which includes focused personal hygiene and behavioral expectations of all Linfield community members to help prevent the transmission of disease to each other.		<i>Applicable Divisions:</i> <b>All</b>	

**Purpose:**

**Behavioral Health Practices and Community Safety**

Linfield community members are expected to focus on their personal hygiene and behaviors which help prevent the transmission of disease to each other. Additionally, all members are expected to practice safe social guidelines to help protect themselves, our community, and those vulnerable groups among our greater community. These include:

- 1) Hygiene
  - a. Washing hands frequently and effectively (20 seconds with soap and water); use of an alcohol-based hand sanitizer if soap and water are unavailable.
  - b. When in Linfield buildings wear cloth face coverings, especially when physical distance of 6 feet or more cannot be maintained. No need to wear face coverings in personal offices or personal residence hall rooms when alone or with residence hall roommate.
  - c. Covering any cough or sneeze with a tissue or one's elbow or shoulder.
  - d. Cleaning surfaces or areas that you have touched or may have been contaminated with appropriate disinfecting solutions.
  - e. Stay at home if sick or not feeling well - see Health Monitoring Daily Checklist.
  
- 2) Reduced Activities/High Risk Practices
  - a. Physical distancing (six feet or greater), wear cloth face covering if unable to maintain six feet or greater distance, even outdoors when encountering or interacting with others.
  - b. Vulnerable populations to remain home or use increased safety measures; consider telecommuting if appropriate to the work performed.

- c. Limit gatherings of group size consistent with the Oregon Governor’s Reopening Oregon phased guidelines.
- d. Limit travel, especially outside local community, consistent with the Oregon Governor’s Reopening Oregon phased guidelines.

**Screening**

All staff and students are expected to conduct self-screening and not attend work, class or social activities if they feel sick or fail to pass the Health Monitoring Daily Checklist.

- 1) Portland Campus: The School of Nursing will screen clinical simulation participants as an enhanced safety measure and as a practical training process for nursing students.
- 2) Self-Screening Guidance: Follow the Health Monitoring Daily Checklist (*see attached*).

**Linfield Community Expectations**

Linfield’s effort to provide in-classroom instruction and on-campus housing and activities is dependent on a commitment from employees and students to follow the behavioral health practices and reduced activities listed above. Students should limit visits to areas outside of the local community (if the local community is deemed safe) or the local campus (if off-campus community is at risk) and should not have visitors or guests within the residential community of Linfield. Linfield employees should take all efforts available to minimize the risk of introducing COVID-19 to campus, such as adhering to the practices listed above and following the recommendations of local, regional, and national public health authorities.

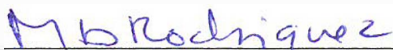
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This Temporary Linfield Health Practices and Self Health Monitoring Process is hereby approved. This policy is effective immediately and supersedes all previous editions. This Policy will be reviewed at 30 days from issuance.

Date Issued: June 15, 2020  
 Date Last Revised: July 17, 2020  
 Responsible Executives: Vice President, Student Affairs  
 Vice President, Finance and Administration/CFO  
 Responsible Offices: Student Health, Wellness & Counseling  
 Human Resources

  
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 Vice President, Student Affairs

7/17/2020  
 Date

  
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 Vice President, Finance and Administration/CFO

7/17/2020  
 Date



## HEALTH MONITORING DAILY CHECKLIST

Please review this checklist every day before reporting to work or attending in-person classes.

**Note:** Some chronic conditions such as allergies may have similar symptoms- look for a change in symptoms.

**STAY HOME** - If you have a fever of 100.3 or above. **STAY HOME** – If you have two or more of the following symptoms and notify the appropriate contact below:

- **Faculty and Staff** - Contact your Supervisor **and** Human Resources.
- **McMinnville Students** - Contact Student Health Wellness & Counseling and your faculty.
- **School of Nursing Students** - Contact Student Life and your faculty.

	COUGH
	SORE THROAT
	RUNNY OR STUFFY NOSE
	DIFFICULTY BREATHING/SHORTNESS OF BREATH
	MUSCLE OR BODY ACHES
	HEADACHES
	FATIGUE (TIREDNESS), (GENERALLY FEELING UNWELL)
	DIARRHEA/VOMITTING (MAY BE MORE COMMON IN CHILDREN THAN ADULTS) WITH OR WITHOUT RESPIRATORY SYMPTOMS
	NEW LOSS OF TASTE OR SMELL



**Please stay home and contact your supervisor and/or faculty if you have been asked to self-isolate or quarantine by a medical professional or local public health official.**